



# Mädchen für Mädchen

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A BROCHURE EMPOWERING  
YOUNG GIRLS

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- VIA-in-Berlin collaborated with the organizations listed below to create a brochure that empowers girls to have a voice about their own sex health and reproductive needs.
    - A. FPZ Balance, Zentren für sexuelle Gesundheit Berlin, Berliner Aidshilfe, Pro Familia Berlin und NRW, Deutsche AIDS-Hilfe.
    - B. Mann-o-Meter, SPI-Research, Berliner Schulen, Und vor allem viele engagierte Einzelpersonen.
  - With topics ranging from the female body to sex, researchers asked the girls what they wanted to know. They came up with a 100 questions like Was ist sex?, Wie erkennt man, dass die Frau bereit ist [für Sex]?, Warum bekomme ich meine Periode?, Warum bekommen Jungs keine Periode?, etc.
  - These will be narrowed down to 50 questions the girls feel are the most important, compiled, translated (German, Farsi, und Dari), and put into the brochure.



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- The two big are questions:
  1. How can we avoid having these voices suppressed and still respect the cultural norms that are in place?
  2. How do we empower these girls to take the knowledge they have gained, use it to educate other girls, and let them know they also have a voice?